

# Finisher Certificate

## David Helder

Completed the 5K at the Oregon Track Club Community Run 6 in

### 23:05.5



Oregon Track Club  
It's for everyone!



**August 10, 2023**

Overall: 9/61

Div Place: 3/7

Sex Place: 9/46

Bib No: 68

Division: M40-44

Pace: 7:42.0