

# Finisher Certificate

## Shannon Richardson

Completed the 5K at the Iron For Kids in

### 29:55.8



**March 14, 2026**

Overall: 76/351

Bib No: 316

Div Place: 6/44

Division: F40-49

Sex Place: 29/223

Pace: 9:38.0

Results by Eclectic Edge Racing