

# Finisher Certificate

## Liz Werner

Completed the 5K at the Blue Heron Half in

### 31:10.6



**April 30, 2023**

Overall: 23/47

Div Place: 3/10

Sex Place: 7/23

Bib No: 286

Division: F30-39

Pace: 10:03.0

Results by Eclectic Edge Racing