

# Finisher Certificate

## James Pollnow

Completed the 5K at the Silver Falls Trail Runs in

### 44:52.8



**November 3, 2023**

Overall: **156/301**

Bib No: **2853**

Div Place: **11/19**

Division: **M40-44**

Sex Place: **88/161**

Pace: **14:27.0**

Results by Eclectic Edge Racing