

Finisher Certificate

Ryan Heffernan

Completed the 5K at the Silver Falls Trail Runs in

36:27.3



November 3, 2023

Overall: 67/301

Bib No: 2740

Div Place: 4/16

Division: M45-49

Sex Place: 45/161

Pace: 11:45.0

Results by Eclectic Edge Racing