

Finisher Certificate

Heather Bisenius

Completed the 5K at the Silver Falls Trail Runs in

57:47.7



November 3, 2023

Overall: 249/301

Bib No: 2630

Div Place: 16/23

Division: F45-49

Sex Place: 131/207

Pace: 18:37.0

Results by Eclectic Edge Racing