

Finisher Certificate

John Gard

Completed the 5K at the Frozen Trail Runfest in

22:24.4



December 13, 2025

Overall: 1/53

Bib No: 242

Div Place: 1/3

Division: M30-34

Sex Place: 1/31

Pace: 7:13.0

Results by Eclectic Edge Racing