

# Finisher Certificate

**James Gilmour**

Completed the 5K at the Iron For Kids in

**29:23.7**



**March 14, 2026**

Overall: 69/351

Bib No: 193

Div Place: 20/69

Division: M01-14

Sex Place: 44/153

Pace: 9:28.0

Results by Eclectic Edge Racing