

Finisher Certificate

Nathan Helming

Completed the 10M at the Mastondon Trail Run in

1:09:32.7



March 5, 2023

Overall: 14/150

Div Place: 8/34

Sex Place: 12/79

Bib No: 138

Division: M30-39

Pace: 7:08.0

Results by Eclectic Edge Racing